

Neighbourhood Bulletin

The Central Neighbourhood Renewal Area

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Neighbourhood Areas

The council recently designated the unparished areas of the town as a Neighbourhood Renewal area. The wards included in the area are Orford, Fairfield & Howley, Poplars Hulme, Bewsey & Whitecross, Latchford East and Latchford West. These wards represent the areas of greatest need in the town.

‘So why create a Renewal Area?’ The aim is to bring these areas of the town, economically, environmentally and socially in line with the rest of the town. Together with the support and involvement of residents we aim to improve the health, wellbeing and prosperity of everyone,

‘How will this happen?’ A Central Neighbourhood Renewal Area board has been established. The board is made up of partners at a senior level who are committed achieving this transformation.

This will be achieved through the development and delivery of a Masterplan. This 25 year plan will bring together physical regeneration with significant health, social and economic improvement.

‘How can I get involved?’ It is vital that all residents and people who work in the area are supported and enabled to contribute to the production and delivery of the plan.

In the first half of this year 2018/19 the board will work with all stakeholders to create the Masterplan. There will be several workshops and events that people can come to give their opinions and ideas.

The support and active participation of community groups and residents associations is critical. This is a real once in a generation opportunity to achieve fundamental change. To create new housing, physical infrastructure, commercial and leisure development. To improve health and well-being. To help lift children and families out of poverty. To support the most vulnerable members of society including the areas increasing numbers of older people.

Family Income & Employment Officer

Tracy Williams
07775 024 840

Wellbeing Workers/Job Clubs

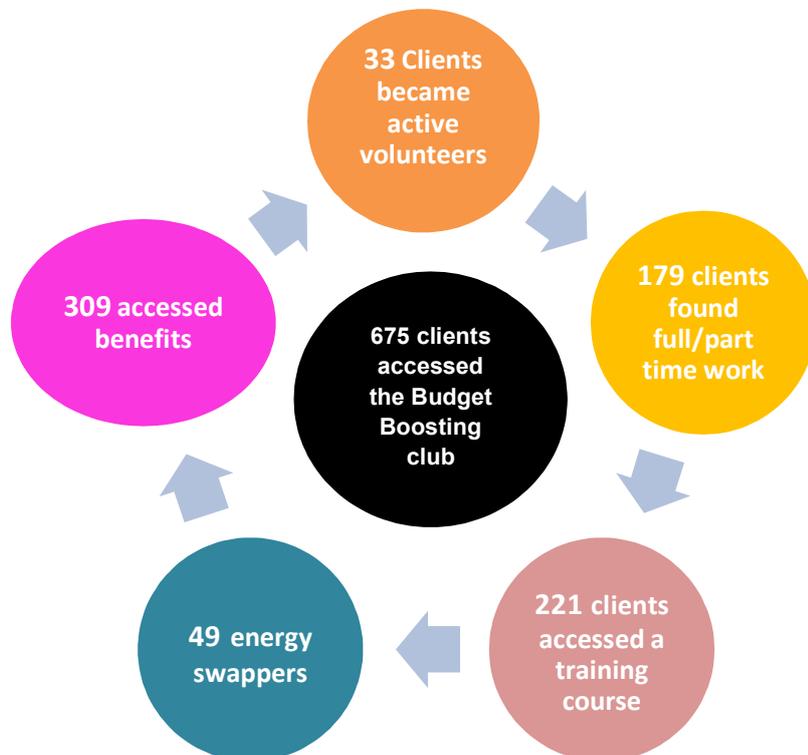
Paul Leigh
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Clare White
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Service Support Officer

Lyn Mullen
01925 241360

Budget Boosting Club



The Budget Boosting Team currently run 8 Budget Boosting Clubs at Oakwood, Fearnhead, Orford Hub, Radley Common, Whitecross, Burtonwood, Westy Community Centres as well as at the Town Centre Library.

The sessions are open to anyone over the age of 18. The main aim of the Club is to increase household income through employment, training, education, volunteering, checking benefit entitlement and energy swap sessions as well as offering advice on how to save money on shopping, transport and advice on debt i.e. working with clients and creditors to put together an affordable payment plan.

Clients attend with a range of issues from job searching, creating CVs and covering letters of application to IT Support & claiming benefits. From meeting with clients the Team identified a need for IT training sessions for some clients and a new Free Digital Drop In session has been set up at Orford Community Hub every Wednesday from 10am-12pm for clients to improve their computer skills. The Budget Boosting Team provide training on English, Maths, IT as well as Health & Safety, Food Hygiene and CSCS.

Last year 675 people accessed the service, 179 of which found full/part time work, 309 clients accessed benefits, 221 clients accessed training courses, 33 people became active volunteers and there were 49 energy swappers.

Health Inequalities Team News

This Warrington Girl Can

Health Inequalities Team

Jo Norton
07920 270132

Anne Livings
07980743547

In partnership with Active Livewire team and Neighbourhood colleagues, we have been running an exciting *This Warrington Girl Can* project in Orford, and Poplars & Hulme since the beginning of the year.

Based on the national campaign, the project has offered women the opportunity to take part in up to 3 different types of activity each week for free. The activities have ranged from Zumba and belly dancing to wall climbing and darts!!

The project came to an end at the end of March, with a celebration evening on 10th April. The women involved have been inspiring, motivating and have surpassed some of their own expectations. Throughout the course over 60 women took part in the activities, with a core group attending at least one thing every week.

Two of the women fed back:

“ we never used to walk anywhere, but now since we’ve been on this we walk everywhere. And we go to a Zumba class every Tuesday night, and love it!”

“It’s not just about your body and exercise though; it’s good for your mental health and makes you feel good about yourself.”

The project will be evaluated and feedback will be given on benefits the women have felt, including other activities and exercise they are now taking part in, looking to set up follow on activities in our community centres and supporting women to access other programmes such as LiveWire Lifestyles and links in with other independent local gyms.

Central Area Team
**Orford Community
Hub**

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Warrington
WA2 9EP

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Emotional Wellbeing and Mental Health

This month the Health Inequalities team have also been involved in the delivery of a number of courses, with partner agencies, aimed at developing and supporting good mental wellbeing.

Joint work with Warrington and Vale Royal College has seen 5 week courses on Mindfulness and Confidence building taking place in our community centres. This term we have also trialled offering places on the evening courses held at the Winwick Road campus, following demand from community members and clients supported through our Budget Boosting club and Warrington Wellbeing service.

We will continue to work closely with Warrington and Vale Royal College to provide community based courses throughout the rest of the academic year, making sure the courses we provide respond to the needs being identified through the wider Neighbourhoods team and colleagues from both WBC and the local community.

We have also worked closely with the Community Mental Health Outreach team to deliver a 7 week Positive Thoughts course in Orford Community Hub. The course looks at supporting people through times where they may experience low mood, give people tools to challenge negative thoughts and understand how activities can affect our mood, and how we can have greater control over this.

Youth Connect 5

Members of the team have also delivered a new course called Youth Connect 5, in partnership with Dallam Primary school.

Developed with Merseyside Youth Association, our Public Health team have identified a number of deliverers throughout the council to roll out the course. The programme is aimed at supporting parents and carers to build the emotional resilience of the young people they care for. It is currently being evaluated by John Moores University.

Over 5 weeks participants covered a range of topics:

- What is mental health?
- What is Risk and Resilience?
- What's it like to be a teenager?
- What's going on in my child's head?
- What can I do to help my child?

The participants on the course have fed back that they not only found it useful, but have formed new friendships and have appreciated the support offered through the programme. One of the participants has found it so useful, that they have recently started on their path to volunteering, and are looking to link up with our Befriending service.

Volunteering and Befriending service

In February and March, we welcomed four new befrienders to support the Befriending service, Geraldine, Jan, Jennifer and Katherine.

All of the volunteers come from different backgrounds, but all have one common bond; the desire to give a small bit of their time to make a genuine difference to someone's week.

Some of our latest Befriender Profiles:

Geraldine joined as a befriender after taking retirement but still wanting to be active and use her time in a productive way. She was naturally drawn to the befriending role as she has a real interest in finding out about other people and has a lot of her own stories to share!

Geraldine has hit the ground running and has been supporting her client to get out and about. So far, they have enjoyed visits together out to the town centre for coffee as well as to the supermarket for some shopping and cake! This support has been greatly appreciated by her client who can struggle with mobility and getting out independently. Geraldine is really enjoying her role and is looking forward to building on her new found friendship.

Katherine currently works as nurse and really wanted to take on a befriender role as she understands the importance of trying to stem loneliness. Katherine makes home visits to her client who is nearing 100 years in age! As they have been getting to know each other, Katherine has really enjoyed hearing stories from her client about the war and how the world has changed over the past 90 years or so. Katherine also loves being able to read to her client, something which is hugely pleasing to her client who loves literature, but who is registered blind and misses being able to read for herself.

Jennifer balances volunteering with part time work and raising her family. She is an example of how befriending can easily be fitted in around other commitments. Jennifer is a truly warm and empathetic person who is perfect for the befriending role and will use her past experiences of caring for relatives as a bedrock for success in her role as a befriender.

As our befriender numbers continue to grow, so too do the numbers of referrals into the service; demonstrating a real need to offer support to those in our communities who are isolated. We are currently in the process of producing a short film to show the journey of the befriending scheme and how important the befriender visits can be for the clients we support.

We want to increase the number of befrienders we have so we can offer befriending support to more people. Anyone who feels they would make a good befriender is welcome to have a chat with the Volunteer Coordinator: Anne Livings on **01925 241360** or email

alivings1@warrington.gov.uk .

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- *delivering action with our communities*

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Community Centres



Community Centre Marketing Manager

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Operations Manager

Kenny Greenough
07730 075 916

Community Centre Admin Team

01925/638836

Community Centres
Administration Team
Fearnhead Cross
Community Centre,
Insall Road
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WA2 0HD.

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Whitecross ageing well event

The Whitecross ageing well was a great success with over 14 residents coming along to take part. The residents got a chance to learn about staying safe in their home, scam awareness, staying healthy for longer with chair based exercises, how to eat healthily, recycling and all became Dementia friends. Warrington disability gave a talk on how to be independent for longer in your own home and all completed the make every contact count training. A lot of fun and new friendships were made. At the end of the course the group decided to stay together and form a Monday chat group and encourage others to come along to reduce isolation and share advice. If you would like to know when the next ageing well event starts please contact the Neighbourhoods team on neighbourhoods@warrington.gov.uk phone 01925 443098.



Orford Community Hub

Steven Broomhead and volunteers from *Mid Orford Residents Association* who deliver the famous "Grub in the Hub". WBC Chief Executive called into Orford Community Hub to see for himself the huge number of residents that gather in Orford Community Hub each Wednesday to enjoy lunch and a great social occasion. Whilst in the centre, Prof. Broomhead stopped off to meet service users from Catalyst and MacIntyre to gauge their experience of life at Orford Community Hub.

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Fearnhead Cross Community and Youth Centre is now open to the public after a £340,000 refurbishment

The centre underwent a full internal overhaul and now offers flexible space which is available for the whole community to use and book. There's already a range of activities being delivered from the centre including training, volunteering, community development activities, networking sessions and events, slimming world groups, local residents associations, parents and tots sessions, budget boosting clubs, line dancing and access to IT and internet facilities.

The Centre was officially re-opened on Wednesday 21st February by the Mayor of Warrington & Cllr Tony Higgins, Executive Board Member for Leisure & Community who said "*We're hoping to attract a wide variety of new groups to the centre to proactively support the health & wellbeing of residents*" For more information or to book a space in the centre email communitycentres@warrington.gov.uk

Whitecross walking group



Again the numbers are growing for the walking group despite the inclement weather. The group started off doing a small 2 mile walk but are now doing between 4 and 5 miles with the possibility of climbing Everest getting ever closer! Over the next few weeks the group will be meeting every other weekend from 09.00am to 1.00pm and will be looking at other parts of Warrington to explore. If you would like to be part of the laugh a minute walking and talking group and make new friends along the way please contact Chris on 07824087395 or email cball1@warrington.gov.uk .

Sandy Lane Community Centre



South Strollers

The South Strollers are back for 2018 after a winter break. The 1st meeting was on Wednesday 21st of February when 7 new residents came for a stroll around their local area and enjoyed a nice walk to Ackers pit. The walk took approximately 45 mins to complete and covered 3.1 k. One resident said she had lived in Stockton Heath for a long time and never realised that Ackers pit was there, and how beautiful the area is. Another said he goes for short walks normally on his own but was really nice to have some company.

Prince's Trust Bingo Event at Fearnhead

Recent graduates of the Prince's Trust Team Programme took over the Fearnhead Centre on to deliver two free activities. Local residents came along for FREE bingo and craft activities.

Cllr Graham Friend said "It is always a pleasure to see young people making such an effort to work with their local community and I have nothing but praise for their organisation, planning skills and their success at fund raising. I am sure it will be a winner with local residents".

Cllr Friend and Cllr Diana Bennett (*pictured below*) with the Team attended the event along with about thirty local adults and children and the local PCSO, who thoroughly enjoyed both the bingo and making paper aeroplanes. Cllr Bennett was even lucky enough to win a prize. The Prince's Trust team complete their programme next week and with their new skills and confidence they have a brighter future ahead.



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Orford Community Hub

On the reception at Orford, we have been joined by a new volunteer, Marilyn.

Marilyn comes with a wealth of experience and has settled in extremely well. Marilyn has made a great addition to the centre and always offers a warm and friendly welcome to anyone visiting Orford Community Hub.

Our newest receptionist volunteer, Gemma, is joining us to build on her past work experience in admin and as a receptionist. Gemma is enthusiastic about taking on her volunteer role and hopes it will lead to new and exciting experiences.



Marilyn and Gemma are just two examples of the volunteers who support the work of the Neighbourhoods Team and we are lucky to have so many committed volunteers who choose to join us as volunteers.

Anyone who feels that they would benefit from volunteering is welcome to get in touch with the volunteer coordinator who can help you find the role that's best for you.

RADLEY COMMON COMMUNITY CENTRE

STAR Drama are a musical Drama Group who welcome adults 16+ who have special needs. The Group meet every Monday at 7.15pm at Radley Common.

They staged "*Joseph extravaganza*" in January and have now started rehearsals for their 2018 production of "*Mama Mia*".

If you know anyone with special needs who would like to join please pop in or contact Maureen on 07880766171

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Friends of Whitecross

FOW will be holding their second fun day on Saturday 7th April from 12-4pm. There will be a variety of activities for all the family including Climbing wall, mobile wildlife zoo, children's entertainer, various sports as well as community stalls. Come along and join in the fun!

South Strollers – next walks starting from Sandy Lane Community Centre on 18th April & 16th May at 10am – contact Nic O'Rourke on 07824 087 394

Radley Common Salon – One Day Courses

St Helens Chamber of Commerce is working with the community centre team to offer a series of one day beauty and wellbeing courses at Radley Common Community Centre throughout May. The Trainers of the Chamber were thrilled to discover the professionally equipped salon within Radley that is just perfect for delivering the "salon" experience for beauty trainees. The courses are available throughout May FREE OF CHARGE to anybody unemployed and over 18. Please contact the community centre team if you would like to find out about availability on the Gel Nails, Spray Tanning and Aromatherapy sessions.

Radley After School Club takes place every Wednesday at 3.30pm – 5pm. Everyone welcome £1 per session, refreshments provided.

Whitecross Walkers – next walks are 5th, 6th, 19th & 20th May commencing 9am from Whitecross Community Centre. For more information contact Chris Ball on 07824087395 email cball1@warrington.gov.uk



For Community Centre Bookings please contact the
Community Centre Admin Team on 01925 818017 or email
communitycentres@warrington.gov.uk

Available from

£50 to £3,000

For community groups in the Warrington area



Have you got ideas that will improve your community?

All applications must

- Be for activities based within the Borough of Warrington
- Benefit people living in Warrington
- Support one of the council's pledges
 - Protect the most vulnerable
 - Support the local economy
 - Help build strong & active communities for all
 - Create a place to be proud of



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Community Initiative Fund
Grants

COMMUNITY INITIATIVE GRANT

Deadline Dates for Applications

12th April 2018

28th June 2018

22nd September 2018

17th January 2019

Help & guidance on completing the application form is available by contacting Lyn on 01925/241360 (email smullen@warrington.gov.uk) for the Central Area of Warrington or Elaine on 01925/264625 (email emarsden@warrington.gov.uk) for the Rest of Warrington Areas.

Applications are also available to download on the Warrington Borough Council website [Community Initiative Fund](#)

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Operations Manager

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Jimmie Bostock
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Sophie Cartright
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Natasha Conley
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Rob Dandy
07824 087424

Liz Hands
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Donna Hynes
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Sandra Knight
07866 108405

Sarah Preston
07920 270138

Rebecca Rowley

Rachael Hands



The Warrington Wellbeing Service is a year old!

The service was relaunched in April 2017 and in the first year over 1400 people have been referred to it!

The team are based at the Gateway in the Town Centre and offer one to one support for anyone wishing to make a positive change in their life.

Anyone over the age of 18 can take advantage of this support and a full assessment is carried out for clients.

People can be supported to tackle money problems, health issues, finding their way around services, isolation, confidence and many other issues.

The team have a proven track record of helping people to feel happier and successfully making changes in their lives.

To contact the team, you can call us on 01925 248460, email us on warringtonwellbeing@warrington.gov.uk or call in to the office at the Gateway opposite the Town Hall and one of the team will be delighted to tell you more about the service and you can decide if it's for you!

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Wellbeing Project Support Worker

Clair Wright
01925 248460

Jenny Pirks
07583 148 681

From the 1st April, Warrington Wellbeing will be piloting a new **Dementia Navigation Project**.

People who have been diagnosed with dementia and are being discharged from the memory team at Hollins Park, can be referred to the Wellbeing service, along with their carer, to help navigate their way around services that support people to live well with dementia. The service is free, on offer for as long as is needed and offers one to one support and a full assessment of a person's wellbeing.

For more information please call [Di White](tel:07827232561) on [07827 232 561](tel:07827232561).

Warrington Wellbeing
Families and
Wellbeing Directorate
Warrington Borough
Council
The Gateway
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Service Co-ordinator

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Community Enablement Officers

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Michelle
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Lynn Dunning
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Anika Neill
07584 491757

Nosheela Rashid
07917 721298

Wellbeing Worker

Chris Ball
07824 087 395

James Macdonald
07824 087 392

Nicola O'Rourke
07824 087 394

Service Support Officer

Lyn Mullen
01925 241360/638836

Central Neighbourhood Area



Latchford West

"A Place in the Sun" Cllr Les Morgan and Barbara Parratt, Community Centres Marketing Manager are pictured reclining in the new garden furniture purchased to add a relaxing spot outside for regulars at St Werburghs community hub.

The Tidy Latchford Group organised a Walking Group on Thursday 29th March. Well Behaved Dogs were welcome but had to be kept on a lead. They met at Westy Community Centre at The River Community Cafe Bridgewater Avenue Latchford and had a 1hr walk along the River Mersey on the Westy Trail. They met 9.30 for a 10.00 am start

St Margaret's Community Centre with funding from Latch Ford Big Local held a family Easter egg hunt on Saturday 31 March at Westy Park. The day stayed dry as families and children had fun on the park hunting out the Easter eggs and followed by refreshments at Westy Community centre.



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Friends of St Elphin's Park - Dig with Dave with a Difference on Sunday 8th April from 12 noon. There will be ceramics with Debbie, crafty scarecrows & peg dolls, hanging baskets and litter picking. Our local scout group are planning a super Easter egg hunt - raising funds for our local scouts to attend the North West Chamboree. Join us in the park - as always the tea and cake will be home-made!

Open Mic Song & Poetry Night at the Ring O'Bells, Friday 4th May from 8pm-11pm Hosted by local Folk Group Sixpenny cut. Admission Free & hot supper.

Spanish for Holidays 4 week course starting Wednesday 4th April, 6.30pm-8.30pm. For more information contact Rocio Blanco on 07783697779

St Margaret's Community centre Would like to advertise their **weekly supper club** at their community hub – every Tuesday from 4.30pm-6pm at Latchford Community Hub

Latch Ford Big Local managing your money course

Really great course free for all postcode residents of Latch Ford Big Local helpful hints and tips about money saving what benefits you may be entitled to and how to save. Sign up by texting 07033142055 with your name and postcode all course necessities provided by Latch Ford Big Local. Sessions start on 10th April at 1pm

Latch Ford Big Local luncheon club is on every Wednesday at St Margaret's community hub. Two courses for £3.50 including refreshments. Come along and meet new friends and have a home cooked lunch at a reasonable price. No booking required just turn up on the day, from 12 until 2pm.

St Margaret's elders group are always looking for new members to join their group. They meet every Monday from 2-4 at the centre and enjoy doing different things including crafts, speakers and just a friendly social time too. Each session costs £3 and for more information phone St Margaret's community hub on 01925 658171.

Rest of Warrington - East

East Area Manager

Ruth Whitworth
07827 232 563

Neighbourhood Mentor

James Macdonald
07824 087 392

Community Support Worker

Nicola Attwood
07583 029 724

Sisters' United

Sisters United with funding from GGHT ran a first aid course for their group and other local community groups with the Friends of Birchwood forest park also attending. 11 ladies gained their Paediatric 6 hour first aid qualification.

Nikki Attwood, community project support worker, supported the ladies group in applying to the Community Initiative Fund for room hire costs and have been awarded funding for 6 months room hire.

On Thursday 8 February the ladies held their AGM, and welcomed some new committee members. The ladies are currently working on a funding bid to see if they can get a self-defense/boxing class started.

Sisters' United is a support group for women in the Oakwood, Birchwood Area.

Dementia Drop in Cafe, Asda Birchwood

A dementia drop in café takes place the last Monday of the month at Asda Café Birchwood, supported by Nikki Attwood. It has grown in numbers over the last few meetings with 12 people now attending. They have had a dementia friend's session and have referred themselves to the employment, learning and skills team for benefit advice. The group requested a Music and Memory session and a series of these have now been arranged to start at Fearnhead Cross Community Centre on 9 April

Padgate Walking Group.

James MacDonald, wellbeing worker, is supporting the Padgate Walking group, which has formed from the exercise group that meets fortnightly at Padgate Methodist Church, an offshoot of an Ageing Well Course. The group meet every 2 weeks on a Tuesday 10am to 11am, at a venue chosen by the group. It has grown in numbers since it started, all welcome to attend.

Ageing Well Feeling Great

James MacDonald held an Ageing Well Feeling Great Course, at Padgate Community Centre, numbers were lower than our normal 10-20, at 8 attendees. However they all benefitted from the course that equips them to Age Well, including extra knowledge about dementia, using left over food, and an introduction to exercise.

Totzone

Totzone parent and toddler group, meet on Tuesday mornings at Birchwood C of E primary school. Nikki Attwood supported them to a successful CIF grant, which means that they have been able to reduce the charge to come to Totzone for a limited period. This has seen an increase in membership from 4 regulars to 12. ,

Oakwood Community Association

The Oakwood Community Association continue to establish themselves in the local community. They held a well-attended community picnic in February half term, with activities, games, arts and craft, face painting, refreshments. They also plan to have a stall at Asda Birchwood, to recruit more members, and have their AGM planned for Monday 9 April, as well a planning a litter pick of the Spinal Walkway, and some tea and toast sessions to engage older residents.

Rest of Warrington – South

**South Area
Manager**

Ruth Whitworth
07827 232 563

**Wellbeing
Worker**

Nicola O'Rourke
07824 087 394

**Community
Support Worker**

Jan Tudor
01925 264625

**Team Support
Worker**

Elaine Marsden
01925 264625

Easter Treasure Hunt Lumb Brook Millennium Green



On Saturday the 24 March the South Neighbourhood Team, partnered by Appleton Parish Council and the Lumb Brook Millennium Green Association held an Easter themed treasure hunt.

Families followed the 10 clues taking them all round the park land collecting carrots, bark rubbing, leaves, change for life shakeups and finding a present to leave for the Easter Bunny! At the end of the trail everyone received a small Easter egg and a chance to try some healthy snacks.

Around 40 people took part with one lady commenting *“we came on the lantern walk in December so we were looking forward to this one, it was really good fun and the kids have loved it”*

GET CREATIVE WEEK - LYMM

South Area Team
Sandy Lane
Community Centre
Sandy Lane,
Warrington
WA4 2AY
01925 264625



This market stall event took place In Lymm Parish Hall on 24th March. A variety of creative activities took place from Bunting workshops, chalk painting to floral art & knitting. Other activities such as yoga, meditation & bridge were also showcased. The event was very successful with over 100 people attending.

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New Digital Champion



The South Area Neighbourhood Team welcome Chris Payne to their team as the new volunteer digital Champion working out of Lymm. Chris comes to the team with extensive teaching and IT experience and had no hesitation jumping in to help at the Lymm session on Tuesday. He is a welcome addition to the Volunteer Digital Champions team.

Coding Event – Lymm Library

In February, LiveWire in partnership with the WBC South Neighbourhood Team volunteers ran its second coding event at Lymm Library, facilitated with volunteers from the WBC South Neighbourhood Team. 21 children/parents participated in the event designed to teach programming through the use of visual blocks and the playing of games. The library ran the event as part of its drive to increase its digital offerings, community engagement, and learning opportunities for the future. A fun time was had by all! One parent commented

“An excellent club the children have enjoyed the club thoroughly he doesn’t usually ask questions but he was confident enough to put his hand up and ask. He is looking forward to the next one.”

Due to the success of its coding events, including the weekly Code Club launched in January, the library will continue running coding activities throughout 2018.



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Ageing Well – 12th April – 10th May, 10am-12pm Lymm Parish Hall, Pepper St, Lymm – for further information contact Nic O'Rourke on 07824 087 394

New Digital Drop In Sessions – starting 16th April 2018, 10am-12pm at Grappenhall Library, Victoria Road, Grappenhall – for further information contact Elaine Marsden on 01925/264625

Lymm May Queen Event - Lymm village's historic May Queen festival will take place on Saturday 12th May 2018. It's going to be a fantastic day with lots of traditional things to do on the May Queen field following the procession through the village. The theme for 2018 is 'Celebration' with the procession commencing at 1pm. For further information contact Kath Buckley email Kbuckley@hotmail.co.uk

The Lymm Crafters – Every Wednesday 8pm-1pm at the Spread Eagle, 47 Eagle Brow, Lymm. Come along to the knitting group to learn new skills or help pass on your knowledge to new knitters as well as a good chat. Other crafts also welcome to join – for more information contact Chris on 07992083987



FILM CLUBS



South Neighbourhood **Film Clubs** are still offering great entertainment for all:

- ✚ **Hatton Film Club** takes place in the Hatton Arms Pub on the first Monday of every month at 7.30 pm.
- ✚ **Lymm Film Club** takes place 1.30 – 3.30 every fourth Wednesday of each month Free Admission
- ✚ **Grappenhall Film Club** takes place at Grappenhall Youth and Community Centre on the second Wednesday of each month following soup and a sandwich between 12.30pm and 4.30pm
- ✚ **Appleton Film Club** takes place at St Mary Magdalen's Church the first Thursday of every month following a light lunch starting at 11.30am

For information about these or any other activities in South Warrington, please contact: The South Area Neighbourhood Team, on 01925 264625

Rest of Warrington West



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Wellbeing Worker

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Community Support Worker

Bernie Roche

Team Support Worker

Pauline Wilkinson
01925 442372

Families & Wellbeing
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Burtonwood and Winwick community Bus

The community bus started in September 2017, using a borrowed minibus, and now owns 2 minibuses. Passenger numbers are rising, and at present are 80 per month - scheme has 17 volunteers. All sections of the community benefit as the bus takes workers to Westbrook and Gemini Retail Park because the regular bus service was cancelled, takes local school children to sports and other events, takes people to day centres, takes people shopping, carrying their shopping to the door for them, and takes people to hospital appointments.

Comments from users included: *"This is a lifeline to me", "I've got my independence back", "We are so lucky to have this service"*

All volunteers who drive 7 help with the bus were given the opportunity to become dementia friends, with the session delivered by Chris Ball, Wellbeing Worker. With the work they do within the community this has hopefully helped them to better understand the daily challenges that can face a resident with Dementia and how the service they offer can be a great help for the carer.. It was a pleasure to work with the group and be given the opportunity to be a small part of increasing their understanding. If you are part of a group and would like to become a dementia friend contact the neighbourhoods team on 01925 443098 or neighbourhoods@warrington.gov.uk

Time to talk events at Cavendish Close breakfast club and the Forget Me Not Café at the Oaks

February was the month for promoting Time to Talk, a mental health campaign, encouraging people to talk about mental health, but also to take time to talk as this promote mental wellbeing. Sessions were held at Cavendish Close where every Thursday the residents come together for a full English breakfast at a low cost and a catch up with their neighbours. The centre is always full of residents and this has always been a good opportunity to go along and promote events and services that the residents might find useful. The Response from the residents was very positive with lots of information being taken away and questions being asked about the services we offer in Warrington. Your Housing were very happy with how the day went and thanked use for coming along.

At the Forget Me Not Café, we set out our stall and let people come over to see what it was all about. Before long we were talking to the people about the importance of talking about mental wellbeing. As we were in the Dementia Café the conversation mostly focused on the predicament that the carers found themselves in. We provided a listening ear and were able to signpost them to other partners where they could gather further support and advice. The manager of the centre emailed us to say how useful the session had been.

Cavendish close Dakota Park litter picks

Residents have been brought together through litter picks, as well as the look of the area being improved. On a very wet and cold January morning Chris Ball, led a group of 30 residents and local PCSO and Your Housing officer on the first community litter pick of the year. The residents of Cavendish close had spoken in their community meetings about how the area had started to look grotty and wanted to start the year by showing a good community spirit. The residents collected 32 bin bags of litter and the housing officer gave advice to residents around disposing of large waste goods. After the streets had been cleared all the volunteers were treated to a free breakfast by the community group. The local residents are hoping to do more community projects in the year and will be praying for better weather next time.

On Wednesday 21 February we arranged a litter pick on Dakota Park in Chapelford. Amongst the volunteers we also had 1 PCSO, 1 Police Sargent and Cllr Steve Parish turn up to get involved. Each of us managed to fill three bags of litter. People who were using the park were interested in what we were doing, we told them where to look for future events so they can join in the next time, one even joined us there and then. After the event we were all treated to a warm drink and biscuits kindly donated by Sainsbury's.



Neighbourhoods in Warrington

- delivering action with our communities

Issue 2

March/April 2018

Westbrook Community Orchard

Westbrook and Callands Communities have formed Friends of Westbrook Orchard and secured funding to plant an orchard on the Westbrook to Dallam Greenway. The Land Trust, who own the land are working with the group, and providing support to plant and grow the orchard. Dozens of fruit trees have been planted in Westbrook, Warrington to create a new community orchard along a Greenway between Westbrook and Callands, thanks to an initiative by local residents and the Land Trust charity.

The first 40 trees including apple, pear, damson and cherry trees were planting by around a dozen volunteers with the support of the contractor Continental Landscapes,

AGM and start of Chapelford Community Ltd

On the 19 January, Chapelford Community Centre Ltd and Chapelford Residents Association merged and became Chapelford Community Ltd. The group will be undertaking resident's issues, projects, events and support local groups.

Their first events will be Chapelford Fun Day on 14 July 2018 and the Chapelford Christmas Market 25 November 2018.

Picnic in the Park

We are holding a Picnic in the Park fun day, on the field adjacent to Bewsey Maze Sankey Valley Park on the 18th April 12-3pm. The aim of the day is to bring the community together and from this hopefully engage with enough people who would be willing to start up a residents association. We have asked all the groups who use Bewsey Barns Community Centre if they would like to take part in the event to showcase what their groups do, as well as those at Cavendish Close, this will also be a good way of advertising their groups and attracting new members. All the groups have agreed to take part in one way or another. We have managed to attract two local choirs and the Warrington Concert band to provide entertainment on the day.